

Dr. David J. Carey will present a series of training seminars to the staff of Extern in November. Over three days he will cover the following topics:

Understanding and Working with Traumatized Children and Youth

Introduction to Trauma Studies

1. Definition of trauma
2. Types of trauma
3. Trauma and the Developing Brain
4. Impact of Violence
5. Impact of Neglect
6. Impact of Sexual Abuse
7. Impact of Physical Abuse
8. Impact of Chaos
9. Recognising Signs and Symptoms of Trauma
10. Guidelines for Working with Traumatized Youth
11. Long-term impact of Trauma
12. Questions and Answers

Summary

This is a full-day presentation which provides an overview of a psychological theory of trauma and its impact on youth, the neuroscience of trauma and the developing brain, the major types of traumatic experiences commonly encountered by youth workers and guidelines for dealing with challenging behaviour secondary to trauma.

The participants will be expected to reflect on the material with a particular view to developing a deeper, wider and inclusive understanding of the children and adolescents they assist.

Dr. Carey is a Director of Extern and Extern Ireland, a non-profit organisation that provides services to children, adults and families needing intensive support.